



# THE THREE GREAT LAWS OF RELATING TO OTHERS

THE WAY IN WHICH WE INTERACT WITH PEOPLE IS AN INDICATION OF WHO WE ARE AND HOW WE CHOOSE TO LIVE

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If you break a social law, what happens? In our culture, if you get caught, you're usually warned, reprimanded or punished. What happens if you break the laws of relating? Do you get punished?

Not really because you can't break these statutes. You can, of course, live in ignorance of them which can leave you feeling uncomfortable and unfulfilled. You can flout them and pretend they're not governing your relationships which may bring you some deluded sense of personal power. But you can't break these laws - they just are. They don't change with the times, alter with the rise and fall of civilisations or follow fashion trends. They're immutable. When you gain wisdom about how people relate to one another, whether they're romantic partners, parents and children, bosses and employees, friends and extended family, you experience an incredible new sense of liberty. You can decide to be blinded by your infatuations and resentments or you can choose to return to the essence of love where you see the hidden order in its entirety.

I've summarised the three great laws of relating for you. Use them to help cement the principles in your own consciousness. Later they may come in handy as a quick reference when you are revitalising an old relationship, starting a new one or concluding one with grace.

*The law of polarity states that everything can be separated into two wholly opposite parts and that each of those still contains the potentiality of the other.*

### The Law of Conservation

If you remember your chemistry from school, you're already familiar with this law which states that energy can't be created or destroyed but it can change its form. In other words; it's a constant and doesn't come and go. Energy is period. When you take this law out of the laboratory and into your life, you realise that life is also period.

Existence is made up of energy and matter and while material forms may appear to come and go, the energy remains transformed and enlivens some new form of matter. Human character traits, a type of current, are conserved through time. They may

change appearances and show up in new people or situations, but they always exist. They don't come and go, but they do transform. Perceptions that something is missing, in yourself or someone else, or that one person brings or takes away anything are merely illusions. When you know that this law governs all energy, you're set free from your limiting viewpoint to see myriad forms of all things. Nothing's missing, and nothing's gained or lost. Everything remains.

### The Law of Polarity

If we move on to physics, we can look at something called wave-particle duality which is basically just a scientific name for the law

